

Ohio Department of Job and Family Services  
**SLEEP POSITION WAIVER STATEMENT  
 FOR CHILD CARE CENTERS AND TYPE A HOMES**

**Information from The American Academy of Pediatrics, and the U.S. Public Health Service Concerning Sudden Infant Death Syndrome (SIDS):**

Sudden Infant Death Syndrome (SIDS) is the sudden and unexplained death of an infant under one year of age. SIDS, sometimes known as crib death, strikes nearly 5,000 babies in the United States every year. Doctors don't know what causes SIDS, but they have found some things that can make babies safer. One of the most important things that can help reduce the risk of SIDS is to put healthy babies on their backs to sleep. A few babies have health conditions that might require them to sleep on their stomachs or sides.

State regulations require child care centers place infants to sleep on their back unless parents or guardians provide written instructions that the center should place the child on his/her stomach or side.

I have read the above information and am requesting that this child be placed on his/her stomach to sleep. I understand that this request differs from the American Academy of Pediatrics and US Public Health Service recommendation for best practice. This child should be placed on their  side  stomach to sleep. (Please circle one.) Any additional instructions: \_\_\_\_\_

\_\_\_\_\_

Child's Name	Date of Birth
Parent/Guardian Signature	Date
Child's Physician's Signature	Date

Note: This is a prescribed form provided by ODJFS which must be used by centers and type A homes to meet the requirements of Rule 5101:2-12-42 and Rule 5101:2-13-42.